



Composer's Four course Prix Fixe – April "Foraging"



Foraging for wild food is a great way to connect with the natural world, and in many ways, it can be a healthier alternative to the foods we find at the grocery store. Before diving into the salad bowl that surrounds us, first learn to forage safely, ethically, and responsibly to be sure you're not degrading wild areas or endangering your health.

Spring foraging in PA: morels, stinging nettles, wild ramps, fiddlehead ferns, dandelion greens, spruce tips, wild garlic, onion grass

This menu is our "plan" for your dining experience, however, since it is based on local availability, last minute substitutions may become necessary. Accompanying side dishes and food garnishes will vary from one day to the next.

WS=From Windswept V=Vegetarian Vegan=Vegan

GF=Gluten Free

DF=Dairy Free

~SALAD & SOUP SHOOTER~

WS Greens & Colorful Radishes, pepitas & sesame ginger vinaigrette (Vegan/GF)
Loaded Potato Soup (V/GF)

~SMALL PLATE CHOICE~

Mini WS Lamb Kofta, turmeric crème fraiche (GF)
Foraged Nettles, Wild Garlic, and Feta Crepes, mushroom aioli (V)

~MAIN PLATE CHOICE~

Papillote of Hudson Valley Fisheries Steelhead Trout and **WS Spinach & Celeriac**
seasoned with rice wine vinaigrette (GF/DF)

WS Chicken Spinach Pasta Primavera

Moroccan WS Lamb, harissa couscous, flatbread (DF)

Spicy WS Winter Vegetables and Chickpea Couscous (Vegan/GF)

~FINISH CHOICE~

Rosewater Pavlova, strawberry-rhubarb sauce

Slate of Local Farm Cheese

Composer's Ice Cream and Sorbet Flavors

RE Farm Café at windswept is committed to building a more permanent, healthy, available, and accessible food system. Windswept's fields, greenhouses, and pastures supply much of our year-round needs. To augment menu offerings, we look to regional small farm sources first, all the while never compromising on your safety or the inherent food flavors that add "wonderfulness" to our dishes. We buy the best directly from the best, cutting out the middleman and helping small growers keep more of the profit so their work can be, well, sustainable!